



Purposeful Play in collaboration with **Nose to Nose** offers you the opportunity to

Discover Your

CLOWN WITHIN

Who is it for?

This workshop is for people with little or no previous contact with clowning. It's ideal for anyone who wants to enhance creativity and spontaneity and learn to lead with greater confidence when working from the place of acceptance of the unknown. We welcome people from all backgrounds and interests.

You need have no worries about squirry flowers or custard pies, these clowns are not of the slapstick or circus variety, but embody an alive, interrelated and connected way of being and belonging in the world, a way of being that never really knows what on earth will happen next...

Booking and Cost

The workshop fee is €220 waged and €180 unwaged. The fee includes a light lunch.

To book contact

Susan Coughlan at
00 353 87 9875180 or
purposefulplayinfo@gmail.com

THE WORKSHOP IS LIMITED TO 12 PARTICIPANTS. EARLY BOOKING IS ADVISED TO SECURE YOUR PLACE.

This is a 2 day workshop on Saturday August 28th and Sunday August 29th in Dublin (venue to be confirmed) hosted by Purposeful Play and facilitated by clowning expert Vivian Gladwell

The joyful irreverence of the clown explores the world and its complexities from a place of not knowing. Clowning grounds us in presence and authenticity. By connecting to our natural playfulness, we spontaneously open to being present and receptive in the here and now.

In our current uncertain and turbulent times, the skills and capacities we need to cultivate are exactly those of clowning – humour, creative interaction with others, learning about and recognising our desires and fears.

Through the art of clowning, this two-day workshop will explore meeting, holding and working with life's questions and challenges, offering an alternative approach to rushing to 'fix'. Questions and problems reveal their solution and resolution if we can manage to live and work with them in a spirit of curiosity.